

FLAMME ROUGE

R A C I N G



presents the

FRR Event Report

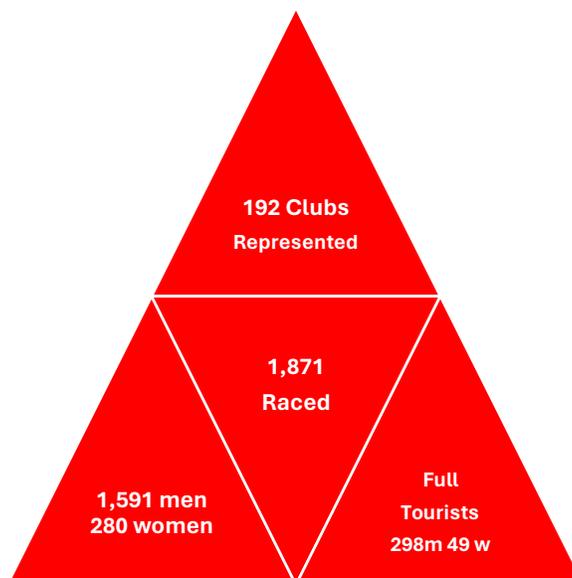
Series 3

World Tour

Mar 2 – 24 2024

21 Stages - 930km - 11,200m

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Simply the best Events on Zwift... (still your words...)

I seem to say this now every Tour but the level of engagement and participation from across the globe is simply staggering. The effort that Teams and riders put in is incredible, no wonder so many regularly quote what partners and other halves think of them as they go through the madness that is FRR.

On paper setting up a 3-week Grand Tour seemed like the right thing to do for FRR and being an appropriate finale for the Tour Series. I know what it is like on a normal week long Tour with regards to support – what I never really considered was exactly how life involved it was going to be running one for 3 weeks straight.

I'm fortunate to have an understanding Mrs RC but even then, it requires nothing less than 25/7 involvement with eyes and ears across all social media platforms to support, dispel and put out any flash fires. I answer every email (of which there were a few) and all tagged RC Discord messages.

Personally, I know I had a dark few days mid Tour, I think it's always a difficult time when managing rider change but all we try and do is be fair, consistent and transparent to the rules we draw up in good expectation they will work.

The vibe across Discord was again great which was really pleasing, yes there was the odd 'opinion' and response shared as there always will be, but the support showed by everyone was again fantastic.

Without FRR I'm sure some would have done something on Zwift for the majority of the Tour anyway, but perhaps not to the same intensity. Completing the course in itself from time management, diet, juggling family and work life, technology issues – let alone trying to compete in seriously dangerous locations – are all factors – so becoming a Full Tourists is an achievement whether you were a winner or not and we will rightfully acknowledge this though awarding all riders the FRR Jersey and creating Club21.

Amazingly FRR-vada wasn't called into excessive action unlike previous events and while there were upgrades this too was not excessive or overly disruptive. Yes, there was initial noise when an upgrade was done, but when I stand back and look at the results now the final tables look about right.

Our Live stream shows hosted by Si Bradeley, Nathan Krake and myself show cased the Tour well, many thanks to everyone who took the time to ride, comment and contribute – and big thanks to the ZMS Production Team for its professional quality throughout.

Readhead awards are always special, they highlight riders who ordinarily never expect or seek the limelight and on the platform have very little recognition.

We remind in each report that the Tour is a fast moving, physically and mentally exhausting event which requires fast decisive action to keep the Tour on track – we need to result quickly, investigate and act on issues raised all within 24 hrs before we do it again... and we do – some decisions may not be popular but they are always for the good of the Tour and to maintain fairness.

What's next....World Championship on 12/13 April just 2 event times, 2 back to back races to answer the question of who is the hottest chilli in town? Registration will open April 5th

Finally I want to remind you about the **Charity Day** on May **18th 24hrs Ventoux (Ven Top)** – which is our mountain.

FRR Charity Fund Raiser ...link

We are aiming to make that a big day across the platform with open events starting every 30mins from 0600UTC – our aim is simple **'raise funds'** and **'complete the most virtual ascents of ven top in one day as a group, team or individual'**... more on that after our next event on April 12/13 – World Championships.

CFC are our charity partner, but we want to support other incredibly deserving groups too like Bodie Hodges Foundation (check that channel for why) and as extra incentive a percentage of the funds raised will be given to the top three teams on the day for charities of their choice.

I feel excited just typing this out .. more details to come following the World Championship but please try and save the date ...do one ascent do 10 it will all be appreciated.

As you may know 20% of donations received through gofundme will be given to our chosen charity **Cyclists Fighting Cancer** who do great work helping children and adults recover from cancer through the power of the bike.

FRR is a series unlike no other as I hope new riders have discovered over the course of the week, do we get everything right... no... do we know everything ...no... but we do listen, learn and adapt to fine tune and improve each Tour ... yes! This is why so many return and bring more and more friends each time and for that we thank each and everyone one of you because whatever your goal for the Tour we are in it together and of course not everything is in our control and not everyone will make it to the end.... but that is the challenge!

World Tour Results and Awards...link

and finally...

I want to thank everyone who has taken the time to send funds through the [FRR GoFundMe](#) page, we do not push this and mention it only in passing as we all have our lives to live and I know we are all living in a much harder economic period than most can ever remember.

I'm honoured that you let me into your lives each Series and appreciate every donation and ounce of perspiration. FRR will continue to evolve and in 2024 all donations are fully appreciated and will be used wisely.

So, from everyone at FRR thank you all for joining the event – the competition, camaraderie, team support, feedback, positivity and support is simply overwhelming. What we do is very personal to us, and I see that too in the riders who join and contribute.

Finally, a very special thank you to Hayley and my family for supporting me throughout the Series – it's an immersive experience all the way through and I couldn't do it without them as every hour on the bike takes 20 to of ours to get it there!

See you very soon!

Richard – Hayley - Lee

Join us in the [FRR Facebook Event Group](#) and we also have a [FRR Discord](#) server

Tour Summary by Class

CAP

Njal Pedersen (Valhalla) battled it out with Bjorn van Malderen (Dragons) to secure overall GC victory by 3mins, though the early pace was very much set by Paul Hamblett (Burrito) and Ciaran Molloy (Valhalla).

Edition 1 was secured by less than 60s, edition 2 was a technical tie between Bjorn and Njal and edition 3 saw Rinus Verhelle (ABUSSYN) cameo in for a 38s win – with the top 5 in each of the editions after over 7 hrs of racing separated by less than 2 minutes, I'm these power riders gave themselves a good work out.

Overall sprinting was secured by Carl Frechette (OPT) well before Paris and Polka was tied up by Njal Stage 19 – Competition was intense for both as the segment times and points tables show as Ed1 showed with just 1 sprint point being the difference after dozen sprints.

Combined award was secured by Pedersen who more than proved he could sprint, climb and finish consistently for 21 days.... Perhaps we should send a note to the Zwift Academy?

DRA

Poli Alessandro (FFZ) secured overall GC by 2mins from Marc Despaties (Coalition) with Jean-Christophe Beaulieu (OPT) smashing his way to the Green Jersey while Alessandro once again proved that to be a GC winner you have to be able to climb...

Like CAP the editions were closely fought – just 20s between Poli and Suglia (FRR) in edition 1 and Poli held on during edition 2. Despaties took edition 3 by just 4s from Poli with Nozaki (CCREW) just 34s further down the field.

Kial Jackson (Burrito) made an early break for Green and Suglia for Polka but by edition 2 Cayouette (5W4T) put the power down and Poli took grip of the Polka dots.... Helped by Suglia earning himself an upgrade.

Combined award was a tighter affair here with Poli, Kris Poole (SISU) and Nozaki (CCREW) all contending for the lead at some point of the Tour – however it was Poli's all round ability that eventually edged him ahead.

CRP

Zwiftklub came to the party this Tour and their manager led from the front, Oliver Werner took GC by an impressive 8m, but didn't always have it his own way but rider upgrades certainly provided some breathing space. Andin (DIRT) stayed the course.

The pick of the editions here was 3, with Werner securing a win by just 13s after 8 hrs of racing from Matt Hann (ABR) with SAP playing its part to almost snatch first place.

Jamie McCarte (ART) held Green from Sebastien Desgagne (OPT) in another intense sprinting competition.

Werner took Polka from Andin separated by just 31pts after 21 stages, with each edition remaining a one climb difference.

Combined award was held firm by Werner, despite a close battle in the hills he could also hold his own in the sprints to finish stages... Mike Hardy came into the reckoning late but the gap was already too great.

GHT

The hottest and most intense racing always centres around GHT/CRP for many reasons and this Tour it was no different as Steve Douchette (FRR) secured GC over Andrew Nuse (CCREW) with Antoine Gougeon (Valhalla) taking 3rd place overall. A GC gap of 5m looks easy but it was far from it as the editions show the cumulative effect of being consistent all add up.

The editions really do show where the battle was at its most fierce, Stuart Bulloch (DIRT) was just 10s off Douchette with Mike Hardy (DIRT) just 50s after 7hrs on the virtual road in Ed1. By Ed2 Hardy closed this down to just 19s to Douchette and for Ed3 just 85s covered the top 3 riders....

Laurent LeBel (5W4T) loves to add a Green jersey to his locker each Tour but James Tucech (ART) certainly pushed him all the way as too Alex (SISU).

Douchette secured Polka from Nuse in a tightly contested affair.

Combined award was one of the tightest of the Tour Nuse secured it from Douchette by just 23pts having upgraded from HAB at the end of Ed2, a head to head I'm going to love to see in the worlds if we can them in the same event.

HAB

Another intense racing space which saw Sigurd Thunem (Valhalla) take GC by just 83s from Diego Torresno (S-Pyre) with Sam Lundqvist (SZ) just a further 5s back.

Early GC pace was set by Andrew Nuse in Ed1 and Ed2 with Justin Allen both of (CCREW) but by edition 3 and following the queen stage riders revealed more power which opened the door for Thunem to ease his way to the top – proving staying consistent can reap the rewards.

Special mention to Boom Magoou (Coalition) who by his own words was punching above his weight but having started life out as a CAY in October has just kept on improving Tour after Tour.

Alan Reid (ART) secured the Green Jersey from Lee Martell (EVO) – though Reid didn't have it all his own way in Ed1 with Liam Chalmers (LPCC), Ed2 Aidan Oliver (Coalition) sneaked past by just 3pts and Ed3 was taken by Martell by just 7pts from Reid – however his Reid's overall performance like Thunem proved the telling fact.

Michael Collins (TACTFC) held off Torresno for Polka, while Dave Kellington (SASK) secured Ed1 to keep Collins honest to the end.

Combined award was taken by Collins though he was pushed all the way by Allen and Lagrange (EVO – it certainly wasn't a runaway victory but overall he could sprint, climb and find the energy to finish.

BON

Strategy and planning and simply impressive racing saw Stijn Bollen (SISU) secure GC from Jamie Bishop (SRT) with a host of names all making telling contributions throughout the 21 stages – overall it was decisive, but each edition was hotly contested.

Taitem Jewell (CRCAF) set Ed1 pace with a victory over Ben Norris (ZSUNR) by just 38s with just 78s covering the top 5 riders. Bollen found time in Ed2 over his rivals as the hills really kicked in and Ed3 saw the closest result with Bishop just 34s off Bollen and the top 5 separated by just 44s after nearly 9hrs of racing.

Mick Fernie (ZSUNR) had an intense battle with Jay Ketelers (WLECOL) for Green which went down to Paris – just 25pts separating them overall. Valhalla brought their own monster sprinter to the party early in Simmonius while Fernie held off Jay in Ed2. Paris saw Jay edge Ed3 by just 7pts from Schoeberl (DraftDino) in another intense battle.

Polka was taken by the long time supporter Andrew Elkins (Coalition), but Robin Fitters (FFWD) wasn't that far behind across all the editions.

Combined award was taken by Elkins in a close contest with Robin Fitters (FFWD). Elkins edged the climbing but as with other winners in this class it was his all round ability that saw him to the top of the podium.

CAY

Rob van Roest (TeamNL) took GC from Col Tierney (OZE) with Ian Jervis taking 3rd place. Ed3 saw the closest result with just 21s separating the top 2 riders.

Alex K (Team Ukraine) secured Green from upgraded Martijn Prop (WKG) who pretty gave everything he thought he had and some.... Ed2 saw Rhys Smith (ART) snatch a 2pt victory from Ludwig (CCREW)

Roest secured Polka after an epic battle with Hugo (ZTBR) by just 29pts which after 21 stages is another incredible result, with Brian Mack (DraftDino) finding his legs late in Ed3.

Combined award was held by Hugo despite a massive effort from Prop and his upgrade adjustments. Hugo fought all the way as too did Prop who by his own admission was punching well above his expectations.

JLP

Colin Moore(RHINO) held the GC top spot, from James Maguire (4STAR) and Clayton Wilkinson (REVOTR) in 3rd place holding off Steven Angelo (DraftDino) in 4th.

Ed1 pace was set by Wilkinson with Grindham (FRR) taking Ed3 by 31s but as with a few classes ...maintaining your class is as bigger achievement as winning it and just staying the course.

Jonas Gustafsson (Valhalla) secured the Green Jersey with some monster sprint numbers from Nathan Krake (TBWC) who kept himself just ahead of Alan Turnbull (ZSUNR).

Maguire won Polka from Dupuis (LWATT) by maintaining a consistent position as competitors came and went along the long road to Paris.

Combined award was taken by Alan Turnbull (ZSUNR) in another close contest with Maguire. Alans ability to consistently place high across the 3 areas edged the Jersey.

PEP

Matt Blitz (DraftDino) held off all comers to take overall GC, from Arnier (CRYO) and Bennett (DIRT).

Ed1 saw Victor Pires (TugaZ) run close by 37s to blitz before upgrading to JLP, Ed3 was tight but the time secured in Ed2 really helped Blitz to the line.

Pierre Cypihot (LWATT) and Mark St Claire (RHINO) took the Green jersey down to Paris with just 16pts separating them at the finish line. Anders Gaut (Valhalla) brought the power down in Ed3 and Ben Hunter (TT1) set his marker down in Ed2.

Blitz took the Polka dot from Arnier which passed from Victor Pires (TugaZ) but overall Blitz had enough to hold off all comers – consequently it is no surprise that Blitz also stormed the combined Jersey... I'm guessing there will be new challenges ahead for this young man!

BEL (Men & Women)

Admiration for this class should always be given in both the Mens and Womens competition.

Ian Waterson emerged as GC winner with a total of 34hrs ride time.
Paul Hewins finished in second place just 30mins behind.

Rowena Howard (RAVE) secured GC from Catherine Button (DraftDino) and Sara Perrin (REVOTR) – incredible stories stretching from New Zealand to North America with Sara dedicating an incredible 40hrs to the event not including warm up/down time.

For many it's not about the time, the winning or the points – it's about the challenge of 'can I do that' ... and for these 5 BEL riders the answer is yes you found new depths and deeper resolve to complete the hardest FRR challenge to date.

The event is a huge commitment of time, and when you are faced with long rides solo it takes a special type of person to complete – so chapeau to these riders more than anyone else.

GHT – HAB - Women

Monique Verhoef (TeamNL) had company along the way with Minna Kangas (Evo) taking edition 2 – however Monique was there throughout challenging herself and I'm sure the men around her in the events – completing the Tour in just under 26hrs.

HAB saw 5 Women stay the full course with Claire Colebrook (DraftDino) securing GC from Angela MacRae (EVO) and Anna Rogers (REVOTR) taking 3rd place from Cristine Pires (AEO) and Heather Downie (REVOTR).

Colebrook certainly has the power and has an inspiring back story but despite the global location differences MacRae was always there to keep her on her toes.

Edition 2 despite the climbing and with over 9hrs on the virtual road saw Colebrook edge out MacRae by 5mins - with Morgan Bennett (DIRT) and Humerus Fraktur (Kirchmair) in close attendance.

Rogers secured the Green Jersey from Pires, while Colebrook kept a tight grip on the Polka dot which like many other classes was the defining battle for GC too.

BON - Women

Vanessa Beaver (Coalition) featured a lot in the Live streams with her battles with Eloise Cote (OPT) in Yorkshire and Paris where she was able to climb to the top of the podium to take GC and ultimately secure the combined jersey too.

Katrin Junkers (Zwiftklub) took second having moved up from CAY and Kristina Miller (Coalition) took 3rd spot – 4th finisher was Daffner (DIRT) who is a sprinting machine who took the Green Jersey while Beaver kept hold of the Polka dot Jersey.

Edition 1 saw Becca Ward (REVOTR) secure GC by just 6s from Maria Wiklund (FRR) with Debbie Woods-Turner (AEO) taking 3rd place.

Edition 2 and Aliseeyah came to play to take GC, no surprises there as this edition saw the longest climbs.

Edition 3 brought Cote and Beavers together again, but this time they couldn't be separated and tied first place... despite a brave final stage win by Beavers.

CAY - Women

Tammy Sapach (REVOTR) secured GC by just under 4mins from JD Bergkamp (LEVEL) with Mieke Block (Zwiftklub) taking 3rd place just 50s further back.

Fantastic engagement across the riders in this class, intense climbing and sprinting as the riders really emerged themselves in their respective battles.

Edition 1 saw Margo James (Valhalla) take an early lead, with Elvira Wilhelm (Team Italy) showing everyone the way in the hills but only by 2m in Ed2. Ed3 saw Sapach edge GC by just 37s from Elvira and incredible competition which was echoed further by Tara Follet (REVOTR) who edged out long time FRR supporter Anne Vincent (OPT) to make podium by just 27s – just 14s further back was Jill Theodossi (Coalition)... the list could go on and will as here we see some of the most engaged advocates of FRR life.

Ema Falez (TBWC), Julia Brook (Evo), June Alm (CRYO), Pia Wertheimer (WLBB) and Elizabete Ribeiro (TugaZ) ...all incredible riders and supporters.

Kari Bostrom-Giles (Coalition) secured the Green Jersey from Katja Glies (Kirchmair) but in Ed1 it was Katrin Junkers (Zwiftklub) that would be setting the pace.

Elvira Wilhelm (Team Italy) secured Polka with just a 21pt lead over Mieke Block, although having upgraded Follett took Polka in Edition 3.

Combined award was won by Mieke Block who powered to the jersey despite her upgrade and unlike other combined jersey winners she did this thanks to her sprinting rather than climbing. Mieke is a tough rider who gives her all and has a well earned Jersey.

JLP - Women

Michelle Spicer (TBWC) secured GC overall from the colourful and vocal Linny O'Rourke (ART) with Heather Zygun taking 3rd place just 25s behind.

Edition 1 saw Catherine Deveault (LWATT) take control of GC from L'Rainique (CRCAF) and Follet by just over 2m. Ed 2 saw Mieke Block step forward to take GC in the mountains which all helped tip her into CAY. Lindsay Rodgers (GXY) held on to the tightest GC victory by just 22s with Zygun just 1s further back.

Fair to say there was much inspiring competition in Green where O'Rourke secured the Jersey in Paris by 37pts from Ruth Stapleton (RHINO) who pushed her all the way. However it was Megan Radomski (AEO) who led the way in Edition 1, O'Rourke then took Ed2 with Stapleton taking Ed 3 in Paris.

Zygun held on the Polka dot Jersey by a good margin from O'Rourke who despite her claims and squeals proved she could climb and ultimately had what it takes across all three areas to secure the Combined Jersey win!

Combined award was taken by the Tours belle of the ball, vocally active in every stage (to say the least) but equally despite her bleats she had the power to sprint, climb and finish...and all without any DOMs in sight... ok well perhaps one!

PEP - Women

So given all the competitions above, perhaps this one was the most rollercoaster of a ride for the competitors – let's start at the top... but forgive me for a little RC license to thrill and set the scene.

Hayley Vale (DIRT) aka Mrs RC... took the initial GC lead in Ed1 by +3.5m from Teams Ukraine's Tatyana Liskova a rider that simply grew stronger and stronger as the Tour went on. Not far behind were Vi Messenger (FRR), Ines Tomita (ZTBR) a climbing machine and the sprint power houses of Carmen Rogens (ART), Jana Parsons (REVOTR) and Jeanette Miller (DratDino).

Ed1 saw Green shared by Carmen and Rogens which in itself is amazing, while Liskova powered her way to Polka.

Ed2 saw Liskova take control of GC with powerful performances in the biggest of places and to lead overall GC by +3m heading into Ed3. Rogens and Parsons continued their battle for green and Liskova kept a firm grip of the Polka Jersey.

Ed3 stage19 Liskova set off into the Austrian hills and was setting the pace, but being based in Odessa had something locally to deal with that is truly amazing that she even completed the stage... she recovered, reappeared and despite losing time maintained her 4m lead going into Stage 20 ahead of Hayley. Stage 20 didn't see any change to positions as riders rode different slots and preserved gaps.

Stage 21 delivered another problem day for the GC Leader, power was lost at the start of the race stranding Liskova with no help or assistance, power was restored but given the issues the damage was technically already done....on paper.

As I would do for anyone in the same position, we look to be fair within the bounds of the competition and as such we jointly award both Tatyana Liskova and Hayley the GC Tour title.

Tatyana further showed her overall strength and resolve by taking the combined award.

I know there must be outcomes but all the riders in deserve a massive congratulations they are all winners and the PEP competition epitomises our event that even after 900+km, over 11,000m of climbing and 21 stages that results can come down to the very last stage or sprint or climb

Team Competitions

Over the duration of 3 weeks the Team element in all three competitions really took shape, with the use of Domestiques really being the casing point.

ZwiftKlub embraced the Tour in the full throughout the classes and pretty much led the way from midway in Edition 1. The competition remained tight with both Coalition and Team REVO OTR staying in touch but ZwiftKlub remained consistent throughout to take the Mixed Team event.

In the **Mens Team competition DIRT** held a commanding lead in edition 1 which over time gradually reduced as their rivals picked up more points. ZwiftKlub, Cheesecake Crew, Coalition and Optimum all gave chase and themselves were separated by just 33pts however DIRT continued to do enough to hold their lead to the end. It should be noted that the Cheesecake Crew were one of the smallest Teams in the event, newly formed but clearly they dedicated their time and effort to the event so achieving 3rd place is truly a massive achievement in the Company of such huge Zwift Teams.

In the **Womens Team competition** it was a similar story as to the Mens, this time **Team Revo OTR** held the lead, strongly chased by ZwiftKlub, Coalition, ART and Drafting Dinos all of whom were separated by just 46points.

Tour Observations

Observation	Comment
<p>CS for classification</p>	<p>5min Compound Score has been trialled this Tour for rider classification and I must say that it has largely proved successful – albeit let’s also be clear about the challenges that CS presented</p> <p>Challenges with CS</p> <ul style="list-style-type: none"> - Many riders had CS based off poor high intensity short events inflating their CS which placed them too high - Best score approach is not balanced enough - Some riders had little or not history in order to place them accurately enough – which ultimately forced them to upgrade - CS assumptions for each gender and as power classes lowered proved that one rule does not fit all especially when looking at re-basing power off 20min values. - As power and class decrease so too does the gap between 5 and 20min which should not be seen as a red flag but more an expected result since riders are less powerful <p>Changes</p> <ul style="list-style-type: none"> - Series 4 which will start in September over the summer we will hold weekly open events through the World Order and track the CS produced with a focus on 5M power. - We will build our own picture of a riders’ CS through the World Order, having initially considered the numbers produced by riders in the World Tour. - Prior to joining a Tour event riders will need to have a FRR verified CS position having completed a minimum of 3 qualifying FRR events prior to entering a Tour. - CS definition will be reviewed to recognise differences in the gender power curve which will further take into consideration referencing 20min power - FRHC boundaries will be revised <p>Our next event – World Trophy will implement the changes above</p>
<p>Domestiques</p>	<p>Previously the role of Domestique came into play towards the end of a Tour to protect a GC rider, Sprinter etc... however with Triquetra split into 3 individual Tours alongside the full tour then domestiques appeared quite early on as riders looked to secure their Edition, force splits and drive races.</p>

	<p>Throughout the Tour DOM usage was much higher than before, and from an FRR perspective that is fine as it is and will remain an integral role within our Tour events.</p> <p>What Domestiques failed to consider was the impact on the mixed ability race they joined.... 100% of the issues came from leaders of a race who brought in DOMs to help them escape further without consideration for the impact behind them.</p> <p>What is clear is that by the time we Tour again in Series 4 we need more guidelines and rules to set out what is and what is not acceptable DOM action and for those that ignore this the right penalties are applied to the right people.</p>
eGAP	<p>Did it work – put simply yes. The method works in a multi race slot environment, the eGAP GCs pan out well where there is competition – the challenge is delivering competition in all areas.</p>
Event Format	<p>Triquetra was pretty unique in its approach. One Grand Tour made up of 3 Editions of 7 Stages.</p> <p>Had we not split the Tour into 3 parts then I can imagine numbers would have drained away once they missed a stage and with 350 making it a full Tour that would have made for some very thin racing for too long.</p> <p>So we needed to keep encouraging new riders in wherever their schedule might allow.</p>
PENs	<p>Mixed Pens remains what the riders want and everyone being visible to everyone.</p> <p>What we failed to consider when we set the Pen allocation up was the difference in power between the same FRHC but different gender.</p> <p>By the end of Edition 1 Pens for women were realigned however by doing so we inadvertently put too much pressure on the lower FRHC's.</p> <p>Now moving forward we will probably use Pen E to further segregate riders as we need to keep all riders in one event time or we lose the visibility.</p>
Registration	<p>Registration processes will change, moving forward registration will open no earlier than 2 weeks prior to an</p>

	<p>event starting... communication of events will be done long before that.</p>
SAP	<p>Did SAP make a difference? It certainly did in some editions and classes, if nothing more it pushed leaders to be leaders and mop up the time in case their rivals began to close.</p> <p>eGAP, SAP and iTT's worked together to reduce a riders' opportunity to game the Tour and I'm pleased to see that there were no winners of any Jersey who did so my exploiting the shadows of the rules.</p>
Timing	<p>In Edition 1 we asked for feedback on where the numbers had gone, the following sets out the most influential of those reasons which we acknowledge and will adapt to.</p> <ul style="list-style-type: none"> - Zwift Games being timetable at the same time removed many FRR elite riders who understandably wanted to give themselves the opportunity and community riders who wanted to try new routes and a different format. - Women's history month and the Iceni series together took their toll on participation by women as a great number of regular FRR riders chose to support these events over the Tour. I can understand why given the importance of the moth for women's racing and the level of promotion and support the platform offered them to put on the events - had we known that this was going to happen then we could have looked at options - Triquetra looked daunting and many look to commit to finish and if they cannot then they find something else simpler and easier to fit into their life schedule - We have also crossed into Chase Racing start up and riders simply cannot be in two places at once (though some could... <p>What's clear is there are a number of key organisers all doing great things, marketing the same riders ... what we need to do is align and coordinate so I'll be contacting those organisers very shortly to see what appetite and opinion they have to make this a reality or not!</p>
Tourist bonus	<p>Making changes once a Tour is running is done only where is absolutely necessary. On paper the 'boost' looked good but in practice given the volume of points available it would have been counter productive and would have reduced new rider participation had it remained.</p>

	<p>Interestingly fatigue never really played part, yes it had plenty of messaging about legs etc... but it was clear that many riders can do 90mins a day and maintain if not increase their numbers – it was even commented that the Tour could have been harder but that came from quite high up the food chain.</p>
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